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ARTICLE

## Media on the Mental Development and Aspiration Level of the Student

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*Who ever controls the media control the mind – Jin Morrison*

India has an enormous burden of mental illness in spite of the recognition of this population of people living with mental illness the treatment gap continues to be about 8.3%. In order to meet this vast unmet need and in the view of aligning the mental health legislation with the international standard and the UN connection on the rights of persons with Disabilities. The mental health-care Act 2017. Was passed and enforced recently. The provisions in the act have been controversial from its conception. Now after the enforcement of act all mental health professionals (MHPs) have a legal binding to follow the provisions in the low. The (MHPs)are accountable to the statutory bodies-

- The central mental health authority
- State mental health authority (SMHA)
- Mental health review board, and finally, the high court or the Supreme Court.
- The mental healthcare Act (MHCA)

Document / articles obtained pertaining to MHCA act their evaluation cure rewired. The Major focus being is the role of statutory / regulatory bodies further core an attempt was made the summaries the previous experiences in inspection of mental health.

A child at the time of his birth are in early child hood cannot be expected to perform tasks that require high mental abilities as he advances in his age, his mental abilities and capacities are gradually developed and he is able to solve the problem he could not when he younger.

Actually the process of mental growth and development is responsible for the development of am individuals all cognitive, mental or intellectual abilities like sensations, perception invagination, memory, reasoning, understanding intelligence, generalization, interpretation, language ability, conceptual ability, problem solving ability and decision making ability. These abilities are inter related and never develop in isolation mental development of an

individual at any stage of his development includes the overall development of these abilities.

Piaget has divided of the development stages according to certain year of age

- 1 - Sensory-Motor period (0-2 year)
- 2- Pre- Operational period (2-7 year)
- 3- Concrete Operational Period(7-11 year)
- 4- Formal Operation stage (11-18 year)

Each child goes through the stage in the same order, and development is determined by biological maturation and interaction with the environment.

As we all know that adolescent is the age of maximum growth and development from childhood to adolescent age a child is been exposed to all sorts of environment. As he approaches adolescence from childhood he begins too understand his environment gradually. The environment to him is being provided by his parent's family teachers and friends. When all these people join together they form society and provides him the environment necessary for his mental physical emotional and spiritual development but in modern times when families are nuclear, both the parents are working near relative and elders are busy struggling with their own chores of life. That most needed environment is being provided by media. It occupies a child's life dominantly now-a-day. He is unrestrictedly over powered by media all together. His life, ideas, opinions, belief every aspect of his mental powers are being influenced by media. It provides each and every fragment of information, teaches him without any concern for his age or mental and emotional status. It plays the role of teacher, guide and even commercial. Sponsorship of important cultural and consumer related issues. Emotion drives attention, which drives learning memory and behaviors so mass media often their programming to increase attention. Since violence and sexuality in media trigger primal emotions most young people confront thousands of violent act and heavy doses of sexuality during their childhood media interactions.

At this time period of adolescence there is a biggest question before them what they would become in future what their parents expect and what their friends their appropriate. Its background and peer group. Their parent takes pride in their children's achievement and it unnecessarily burdens them. When these children's do not reach up to their parents expectations their peer groups supposed ambitions levels, they feel their selves "useless" all their ideals and aspirations and are shattered and they are doomed in severe depression. In such state of mind they take steps which are not at all permissible. Behind all such disturbing notions media acts as a catalyst. In their fits of depression and identity crisis they take life threatening steps.

Every day we come across news which makes sensation. A boy 16-17 year longed himself and according to his suicide note it was discovered that he is taking the step because he was not doing. Well in his studies as his friends.

Another news as cited in news paper according to which a student of 10th class could not clear his examination so too his life by throwing himself in front of train. These type of news are becoming frequent where student take their life when they are not been able to handle failures. They have only expected, watched, idealistic and pleasing situations therefore it prones fatal for them as they are not trained for facing harsh life situations. Every day we come across many situations where children get upset when they have miner tiff with their brothers or sisters or even when theirs parents scold them and small thing therefore it is very important to provide environment which is healthy and progressive for their mental development and aspirations.

Mental health is the full and harmonious functioning of the whole personality.

-Hadfield

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